

**Vocabulary**

changes, life cycle, adulthood  
baby, toddler, child, teenager, adult  
grow, grown up, growing up, mature, change  
learn, new, feelings, anxious, worried, excited, coping



**Summary of unit**

**By the end of the 'Changing Me' topic I will:**

Understand the Life cycles of animals and humans.  
Discuss some things about me that have changed and some things about me that have stayed the same.  
Discuss how my body has changed since I was a baby.  
Respect the body and understand which parts are private.  
Understand that every time I learn something new, I change a little bit.  
Discuss changes that have happened in my life.

**Key questions**

When and why do changes happen?  
Why do we grow up?  
Which parts are private on my body?  
How can I cope with changes?